

# Changing Minds On Migration With Conversation

We can have meaningful conversations about migrants and refugees with our friends and family.

Source: Praxis

## **STEP 1: Ask their opinion**

Show no judgment. Give them your full attention. Actively listen. Build trust and a safe space. Don't fact check yet!

## **STEP 2: Share personal stories about migration**

Ask: *"Do you know anyone who has migrated? What do you know about their story?" "Did you grow up here?"*

Listen as they share their experiences. Share your own. Can you find common ground and relate to one another?

## **STEP 3: Share personal stories about challenging experiences**

Ask: *"When was a time somebody showed you compassion and support when you really needed it?"*

You could share your own story in order to make the other person feel more comfortable sharing theirs.

## **STEP 4: Make the case for migrant rights**

Frame your argument through a value that they can relate to, for example safety or fairness.

Explain the impact on people's lives and identify the policies that are at fault.

Highlight and explain the scapegoating of migrants in the public conversation.

Make the case for solidarity and emphasise collective action to solve problems.

## **STEP 5: Talk through issues and contradictions**

*"It sounds like you think some immigration is good for the country but on the other hand you agree with some strict rules. What are your thoughts about how to navigate this?"*

## **STEP 6: Respond to concerns with facts**

Respond to any concerns and fact check anything mentioned earlier in the conversation.

## **STEP 7: Ask opinion again**

Ask how they feel about the issue now. If the conversation has shifted their perspective on migration, ask them why.